



# CONFINED SPACE LEVEL 1 (#6480)

#### **COURSE OVERVIEW:**

- Confined space identification.
- Hazard categories.
- Respecting confined spaces.
- Confined space oversight.
- Roles and responsibilities:
- Supporting roles;
- Attendant; and
- Entrant.
- Hazard controls.
- Testing and normalizing atmosphere
- Emergency response.
- Permitting.
- Pre-entry and post entry protocols

**Duration:** 1 day (8.5 hours)

Course size: 1:10

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.



## HIGH ANGLE TECHNICAL RESCUE LEVEL 1 (#7603)

#### **COURSE OVERVIEW:**

- Rescue requirements overview and regulations.
- Human dynamics.
- Rescue planning.
- Rescue principles.
- Essential rescue equipment
- Self-rescue techniques.
- Primary rescue techniques raise and lower.
- Post rescue protocols.

Course prerequisite: Fall Protection Comprehensive (#7218) **Duration:** 1 day (8.5 hours)

Course size: 1:10

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.

## FP EQUIPMENT INSPECTOR (#6411)

#### **COURSE OVERVIEW:**

- Oversight groups.
- Equipment tracking.
- Maintenance procedures.
- Storage principles.
- Inspection types and schedules.
- Documentation and record keeping.
- Component failure criteria
- Inspection procedures.
- Inspection workshop.

Course prerequisite: Fall Protection Comprehensive (#7218) Duration: ½ day (4 hours)

Course size: 1:12

Certification This half-day course educates students on the principles of equipment care and the procedures for inspecting commonly used items excluding specialized permanent systems. Participants will learn course content through a combination of direct instruction, workbook exercises, and a practical 'hands-on' inspection workshop.

## FP AUTHORIZED PERSON ESSENTIALS (#6208)

#### **COURSE OVERVIEW:**

- Fact of falling.
- Fall protection oversight.
- Fall safety systems and planning.
- Anchor points strength requirement and types.
- Body holding devices full body harness types and fitting.
- Connectors basic lanyards, energy absorbers and self-retracting lifelines.
- Equipment care.

Duration: ½ day (4 hours)

Course size: 1:15

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.

## FP AUTHORIZED PERSON COMPREHENSIVE (#7218)

#### **COURSE OVERVIEW:**

- Hazard identification.
- Regulatory bodies.
- Fall safety systems and planning.
- Shared and personal systems
- Anchor points.
- Body holding devices.
- Connectors.
- Horizontal Lifeline (HLL)/Vertical Lifeline (VLL)/Self Retracting Lifeline (SRL).
- Descent/Rescue overview.
- Equipment care.
- Hands-on workshops

#### **Duration:** 1 day (8 hours) Course size: 1:15

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.

#### For any additional assistance please contact our Work At Height Specialists.

Tel: 011 453 7374 | Email: sales@workatheights.co.za | Website: www.workatheights.co.za Address: Unit 5 Meadowdale Business Park, Cnr Herman & Dick Kemp Street, Meadowdale, 1614

# WHY TRAIN WITH US? Competent candidates registered for 3 years (reduce time

spent off-site for training as well as financial outlay)

• Increase safety, productivity and efficiency of employees

### PROUDLY TRAINED

Protekta Safety Gear has proudly trained numerous companies, thereby assisting with ensuring maximum safety and minimising loss of time to their work at heights activities.

THESE COURSES COMPLY WITH THE UNITED STATES FEDERAL **OSHA**.

IT IS ENSURED THEY MEET ALL THE ELEMENTS THAT ARE PART OF THE **REGULATIONS (I.E. OSHA) AND STANDARDS (I.E. ANSI/CEN) REQUIRED**.

