



## INTERNATIONAL CERTIFIED COURSES

Protekta offers training for simulated industrial environments on site or at our industry leading state-of-the-art training facility.

## CONFINED SPACE LEVEL 1 (#6480)

### COURSE OVERVIEW:

- Confined space identification.
- Hazard categories.
- Respecting confined spaces.
- Confined space oversight.
- Roles and responsibilities:
  - Supporting roles;
  - Attendant; and
  - Entrant.
- Hazard controls.
- Testing and normalizing atmosphere.
- Emergency response.
- Permitting.
- Pre-entry and post entry protocols.

**Duration:** 1 day (8.5 hours)

**Course size:** 1:10

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.



## HIGH ANGLE TECHNICAL RESCUE LEVEL 1 (#7603)

### COURSE OVERVIEW:

- Rescue requirements overview and regulations.
- Human dynamics.
- Rescue planning.
- Rescue principles.
- Essential rescue equipment.
- Self-rescue techniques.
- Primary rescue techniques – raise and lower.
- Post rescue protocols.

**Course prerequisite:** Fall Protection Comprehensive (#7218)

**Duration:** 1 day (8.5 hours)

**Course size:** 1:10

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.



## FALL PROTECTION ESSENTIALS (#6208)

### COURSE OVERVIEW:

- Fact of falling.
- Fall protection oversight.
- Fall safety systems and planning.
- Anchor points – strength requirement and types.
- Body holding devices – full body harness types and fitting.
- Connectors – basic lanyards, energy absorbers and self-retracting lifelines.
- Equipment care.

**Duration:** ½ day (4 hours)

**Course size:** 1:15

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.

## FALL PROTECTION COMPREHENSIVE (#7218)

### COURSE OVERVIEW:

- Hazard identification.
- Regulatory bodies.
- Fall safety systems and planning.
- Shared and personal systems.
- Anchor points.
- Body holding devices.
- Connectors.
- Horizontal Lifeline (HLL)/Vertical Lifeline (VLL)/Self Retracting Lifeline (SRL).
- Descent/Rescue – overview.
- Equipment care.
- Hands-on workshops.

**Duration:** 1 day (8 hours)

**Course size:** 1:15

**Certification** Proficiency Certification valid for 3 years with a temporary certification card to be provided and signed off by the Certified Instructor (Protekta) which will cover the period until the formal certificate is issued.

**For any additional assistance please contact our Work At Height Specialists.**

**Tel:** 011 453 7374 | **Email:** sales@workatheights.co.za | **Website:** www.workatheights.co.za

**Address:** Unit 5 Meadowdale Business Park, Cnr Herman & Dick Kemp Street, Meadowdale, 1614

## WHY TRAIN WITH US?

- Competent candidates registered for 3 years (reduce time spent off-site for training as well as financial outlay)
- Increase safety, productivity and efficiency of employees

## PROUDLY TRAINED

Protekta Safety Gear has proudly trained numerous companies, thereby assisting with ensuring maximum safety and minimising loss of time to their work at heights activities.

**THESE COURSES COMPLY WITH THE UNITED STATES FEDERAL OSHA.**

**IT IS ENSURED THEY MEET ALL THE ELEMENTS THAT ARE PART OF THE REGULATIONS (I.E. OSHA) AND STANDARDS (I.E. ANSI/CEN) REQUIRED.**



Fall Protection

